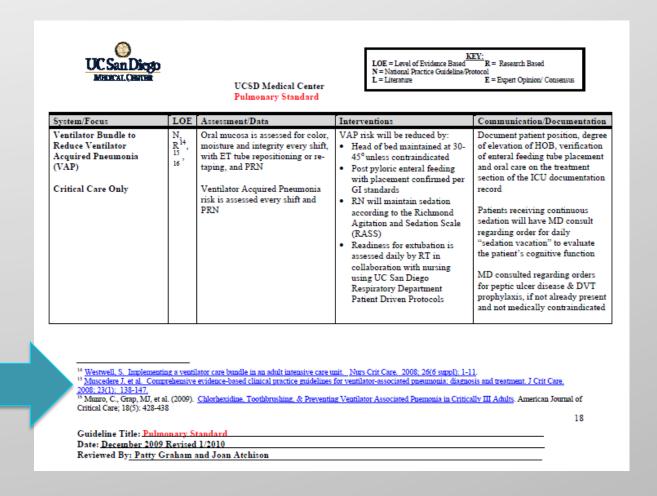
## Librarian Involvement in Evidence-Based Practice among Clinical Nurses

Mary A. Wickline, MLIS, MEd, UC San Diego Biomedical Library mawickline@library.ucsd.edu

## Nursing Education, Development & Research (EDR)

- Attend departmental meetings—not to present, but to listen and learn what the focus and goals of nursing are.
- EDR consists of advanced practice nurses like Clinical Nurse Educators
  (CNE) and Clinical Nurse Specialists (CNS), who work with nursing units
  throughout the organization on education, change, and EBP projects.
- EVIDENCE-BASED PRACTICE example: EDR was updating the nursing standards and decided that every standard should have footnoted references supporting it at the bottom of the page. I suggested we could link the reference to the record in PubMed or CINAHL or our catalog so that anyone wondering about the basis of the standard could click the link to retrieve the original research evidence.



## **Journal Clubs**

- Understanding Research is one of the key knowledge hurdles for nurses practicing EBP. Journal clubs provide practice.
- Resources for Understanding Research:
- → Davies, B. & Logan, J. (2012). Reading research: A userfriendly guide for health professionals (5<sup>th</sup> ed). Toronto, ON: Elsevier.
  - -- great "getting started" guide; less than 100 pages; has bibliography, glossary, & worksheets
- → Huck, S. W. (2012). Reading statistics and research (6<sup>th</sup> ed). Boston: Pearson.
  - -- written by former community college teacher with a knack for explaining. Provides examples good & bad; excellent index; I use it to look up unfamiliar terms as I'm reading research.

## Magnet & Shared Governance

- Learn the Magnet model and incorporate the language into your work <a href="http://www.nursecredentialing.org/Magnet/ProgramOverview/New-Magnet-Model.aspx">http://www.nursecredentialing.org/Magnet/ProgramOverview/New-Magnet-Model.aspx</a>
- There are many Shared Governance Councils if your organization is pursuing Magnet. Attending meetings matters—it makes you more approachable.
- Unit-based Councils work on EBP projects specific to their work unit.
  I teach them search strategies and help them understand levels of evidence.
- Research Council a "no-brainer" for librarians! As an active member, I receive referrals for consults or literature searches. I teach Searching the Nursing Literature Effectively, which starts with converting a clinical question to a research format (Guyatt's PICO), using subject headings for relevance and limits to narrow to peer-reviewed research and high levels of evidence...and, of course, using multiple databases.